



FRANK FAVARO

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ServeCentric Coaching



EDUCATION SESSION

NO SECOND CHANCES: NAILING FIRST IMPRESSIONS

**23RD
JAN**

7:30am Breakfast | 8:00am – Noon Session

Problem: Research shows it takes just 30 seconds to form a first impression. In those critical moments, your appearance, body language, tone, and words create lasting perceptions—but many people lack awareness of how they come across, leading to missed opportunities.

Solution: This 4-hour interactive workshop will help you develop the self-awareness needed to identify your strengths and blind spots. You'll learn the 4 key elements of a great first impression and walk away with actionable strategies and an implementation recipe to make every introduction impactful and authentic.

Result: Gain confidence, sharpen your awareness, and master the tools to consistently create positive and lasting impressions in both professional and personal settings.

The Rewind Hotel
6075 Mills Civic Pkwy,
West Des Moines, IA

RSVP HERE

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